



Nar Nar Goon Primary School

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Education Week

Thanks to Miss Bradley for some fun activities this week for Education Week. It has coincided with Walk To School Day and we had a wonderful turn out. How great also, that the weather for our Whole-School Picnic has been so lovely. Here are some great shots of the day.





Have a great fortnight
Jacqui, Mirella and the staff 😊



Wellbeing News

With Ms Forster


Tips for Parents: Building Resilience

Resilience helps children cope with challenges, recover from setbacks, and develop confidence in their ability to manage difficult situations. Parents play an important role in helping children build these lifelong skills through the following strategies:


- **Encourage problem-solving:** Instead of solving every problem for your child, guide them with questions like, “What could you try next?” This helps children develop independence and confidence.
- **Praise effort, not just results:** Recognise persistence, hard work, and improvement. Children learn that mistakes are part of learning and growth.
- **Allow safe challenges:** Trying new activities, managing small responsibilities, and working through difficulties help children build resilience over time.
- **Teach emotional awareness:** Help children identify and talk about their feelings. Understanding emotions supports healthy coping strategies.
- **Model resilience:** Children learn from watching adults. Showing calmness, flexibility, and positive ways to handle setbacks provides a powerful example.
- **Encourage positive relationships:** Support strong connections with family, friends, and teachers. Feeling connected helps children feel secure and supported during challenges.
- **Maintain routines:** Predictable routines provide stability and comfort, especially during stressful times.
- **Focus on strengths:** Remind children of what they do well and celebrate their achievements, no matter how small.

Building resilience takes time, practice, and support. With support and encouragement from parents and caregivers, children can build the confidence and skills they need to face challenges positively and keep trying, even when things feel difficult.


Normalize setbacks, struggles, and failures. These are part of life. Let's teach kids and teens that they are normal and healthy to go through.



We learn problem-solving skills by actually having to work through problems. Teach the skills, but also give the experiences to practice.



Positive self-talk is a critical skill for building resilience. It's the voice that reminds us we can get back up again, even when it feels like we can't.



TERM 2 2026 DATES

Calendar Dates for Term 2 2026 - 20 April – 26 June

May

Friday 1st - Year 5/6 Interschool Sport Home

Wednesday 6th – District Cross Country – for qualifiers only - Toomuc Reserve
– Foundation 2027 Open Morning and Information Night

Thursday 7th – Mother’s Day Afternoon Tea- details in this issue

Friday 8th – Mother’s Day Stall - details in this issue
- Year 5/6 Interschool Sport Away

Monday 18th – **School Council Meeting #3 at 4.30 in the staffroom**

Monday 18th – Friday 22nd – **EDUCATION WEEK**

Friday 22nd – 5/6 Sport at Home

Friday 22nd – **Walk Safely To School Day from 8.30am**

Monday 25th – CURRICULUM DAY – NO STUDENTS AT SCHOOL TODAY

Wednesday 27th – Division Cross Country – for qualifiers only - Toomuc Reserve

Friday 29th – PAFA MEETING 9.10 in staffroom
- 5/6 Sport at Home

Foundation 2027 Tours will now take place on Wednesday mornings at 9.15am, fortnightly from 13th May.



June

Friday 5th – Pizza Meal Deal – **forms due back Friday 29th May**
- Year 5/6 Sport - Away

Monday 8th – Kings Birthday Public Holiday

Wednesday 10th – Friday 12th - Year 5/6 Camp to Alexandra Adventure Resort- **DEPOSIT OVERDUE**

Friday 19th – Winter Lightning Premiership 5/6
- Reports to Parents online via Sentral

Monday 22nd - **School Council Meeting #4 at 4.30 in the staffroom**

Tuesday 23rd – Student Led Conferences – from 1pm CURRICULUM DAY - NO STUDENTS AT SCHOOL TODAY

Thursday 25th – PAFA Pie Drive Pick up- **notices to go out shortly**

Friday 26th – Final Day of Term 2 – 2.30 finish



Our school uses Seesaw to communicate with families, showcase student work and enable a positive home/school partnership. Twice a term you will also see Learning Snapshots on your child’s Seesaw page which will demonstrate what your child can do in either Literacy, Numeracy or Wellbeing/Social capabilities. We love you to comment or respond to your child’s learning, the children get a huge confidence boost also

If you have not already downloaded the Sentral App for parents, please do so from the Apple or Google Play store.



CHILD SAFE STANDARDS

Nar Nar Goon Primary School is committed to child safety. We want children to be safe, happy and empowered. We support and respect children, as well as our staff and volunteers. We are committed to the safety, participation, and empowerment of all children.



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We have zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures. If you would like more information please go to the 'Wellbeing' or 'Policies' tab on our website where you will find our Child Safe Policy and/or further information and resources go to: <https://www.vic.gov.au/protect>

WORKING WITH CHILDREN CHECKS

All volunteers in the school must have a Working with Children Check. They are free of charge for volunteers and are a requirement for all adults entering our school buildings. To apply for a WWCC please use this link

<https://www.workingwithchildren.vic.gov.au/>

Thank You

FEEDBACK

Your feedback is important to us. If you have a concern or would like to raise a complaint as a parent, please speak to the classroom teacher in the first instance, and the PLC Leader in the second instance (ie: Foundation: Jodie Williamson, Years 1-2: Elise Bradley, Years 3-4: Daniel Mason, Years 5/6: Candice Walton). Please understand that after 8.45, approaching staff for a chat can be problematic. Please make an appointment for a preferable time.

Otherwise, please contact the Principal Jacqui Cutler, or Assistant Principal Mirella Irving by calling the office to arrange an appointment.



Medications at School

Our Medications Policy states that for any child requiring medication at school, a Medication Form needs to be filled in. This form is for when your child requires 'incidental' and short-term medication at school—eg: antibiotics, pain relief

These forms are available at the office to fill in and hand to your child's teacher.

No child is to keep medication in their school bag.

TRAFFIC FLOW: BLACK ARROWS INDICATE TRAFFIC FLOW. IE: DRIVE EAST DOWN SPENCER STREET AND LOOP THROUGH THE RECREATION RESERVE CARPARK. NO STANDING ZONES ARE HIGHLIGHTED IN RED.



The procedure in place for parents dropping off/collecting children from school, is to drive Eastwards down Spencer Street and park on the side of the road on Spencer Street *before the school crossing*. There are **NO STANDING clearways either side of the school crossing and NO STANDING zones on both sides of the road immediately outside the school.** (see red lines in diagram above.) Drive to the second driveway that leads to the football ground, turn right into this carpark and exit from the top driveway back into Spencer Street. Do not proceed into the bowl of the court. The carpark across the road at the football ground is a designated parent parking space and the designated staff park is outside the Scout Hall carpark.

Dear Families,

If your child accesses therapy sessions at school with allied health professionals, we ask that the therapist contact the school prior to the commencement of each term. Please note that allocated days and session times cannot be guaranteed to remain the same each term due to timetable changes. It is also the responsibility of families to notify their child's therapist if the student is absent due to illness, camps, excursions, or any other factors that may impact scheduled sessions.

Thank you for your understanding and cooperation.

Kind regards,

Kerri Forster

